# LENSING VIRTUAL RISING REATION

LANSING PARKS AND RECREATION

Safe ways to enjoy
your summer

HOW?

This spring & summer is turning out to be much different than planned, but have no fear, we have found ways to still serve you. Below you will find a list of programs we are able to provide virtually, all you need is your computer/phone/tablet and the programs will come to you. We also have some "in the wild" (in person) events that can be done while still following CDC and State of Michigan recommendations. All registration is online at parksonline.lansingmi.gov and you will receive \$5 off each registration!

ARTS

Make a Painting (Ages 10 to Adult)- pick up your kit and join us for class
312150B, 412145 A-C Tue 5/26, 6/30, 7/28, or 8/25 6:30 - 9:00 pm \$25/Person
Arts & Recreation (Ages 5 and up) - pick up your kit and join us for class

414115A Wed 6/24 - 7/15 11:30am - 12:15pm \$25/Res; \$30/Non-Res 414115B Wed 7/22 - 8/12 11:30am - 12:15pm \$25/Res; \$30/Non-Res

Cooking with Meg - ingredients NOT provided

416050A Wed 6/3 - 6/24 6:30pm - 7:30pm \$20/Res; \$25/Non-Res

CAMP

In an effort to keep campers and their families safe we are reviewing all CDC guidelines and are working to offer camp at Foster Center for a limited number of children. Safety precautions will include: daily temperature checks for staff and youth, masks worn by all staff members, disinfecting rooms throughout the day, groups limited to 10 youth, group specific equipment that is disinfected daily. Due to the limited number of spots, camp is open to **Lansing Residents only**.

# First three weeks will be a virtual format.

Pre (7:45am-9am) and Post (3pm-6pm) Care available for an additional cost.

# Foster Kids Camp (Ages 5-13) Activity #412000

Virtual Kids Camp Rocks 6/15 - 6/19 9:00 am - 3:00 pm \$30/Res; \$55/Non-Res Virtual Love Lansing 6/22 - 6/26 9:00 am - 3:00 pm \$30/Res; \$55/Non-Res Virtual Red, White and Goo 6/29 - 7/2 9:00 am - 3:00 pm \$30/Res; \$55/Non-Res

Going Wild 7/6-7/10 9:00 am - 3:00 pm \$30/Resident 7/13 - 7/17 Dinosaur Roar 9:00 am - 3:00 pm \$30/Resident Wizarding World 7/20 - 7/24 9:00 am - 3:00 pm \$30/Resident 7/27 - 7/31 Game Show Geek 9:00 am - 3:00 pm \$30/Resident Bronze, Silver, Gold 8/3 - 8/7 9:00 am - 3:00 pm \$30/Resident

All weeks are subject to cancel based on the most up to date CDC and State of Michigan recommendations.

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Beg Belly Dance				
312501A	Tue	6/2-6/23	5:20 - 6:20 pm	\$23/Res; \$32/Non-Res
412501A	Tue	7/7 - 8/25	5:20 - 6:20 pm	\$41/Res; \$59/Non-Res
Beg Belly Dance Level 2				
412526A	Thur	7/9 - 8/27	5:20 - 6:20 pm	\$41/Res; \$59/Non -Res
<b>Belly Barre Workout</b>	ŀ			
312506A	Tue	6/2 - 6/23	7:40 - 8:40 pm	\$23/Res; \$32/Non-Res
412506A	Thur	7/9 - 8/27	6:30 - 7:30pm	\$41/Res; \$59/Non -Res
Belly Dance Prop Class				
412523A	Tue	7/7 - 8/25	7:40 - 8:40 pm	\$41/Res; \$59/Non -Res
Int Belly Dance				
312502A	Tue	6/2 - 6/23	6:30 - 7:30pm	\$23/Res; \$32/Non-Res
412502A	Tue	7/7 - 8/25	6:30 - 7:30pm	\$41/Res; \$59/Non -Res
Master Belly Dance				
312503A	Wed	6/3 - 6/24	5:30 - 6:20pm	\$23/Res; \$32/Non-Res
412503A	Wed	7/8 - 8/26	5 5:30 - 6:20pm	\$41/Res; \$59/Non -Res
Gypsy Skirt Dance				
412524A	Thur	7/9-7/30	7:40 - 8:40 pm	\$25/Res; \$38/Non-Res
Rhythm & Zills				
412509A	Thur	8/6 - 8/27	7:40 - 8:40 pm	\$25/Res; \$38/Non-Res

# EVENTS

# Mayor's River Walk/Run Virtual 5K

runsignup.com/Race/MI/Lansing/MayorsRiverwalkrun

Sat June 13th 9:00 - 12:00 pm \$20/Runner; Walkers/free

# Art Path - River Trail from Turner Dodge to Bridge St

June - August Dawn-Dusk 19 Art Installs Free

# **Family Scavenger Hunt**

433433A Month of July Compete for Prizes \$50/Res; \$75/Non-Res

Virtual 5K Series - runsignup.com/Race/MI/Lansing/LansingsVirtual5KSeries

July - August 5K route posted every other week \$20/Runner

# **FITNESS**

# Therapeutic Yoga

Tues - Thurs 6/9 - 9/29 5:30 - 6:30 pm Free - Facebook Live

# Zumba @ Rotary Park

413551A Wed 6/24 - 8/12 11:30 - 12:15 pm \$45/Res; \$65/Non-Res

# Paddleboard Yoga @ Rotary Park

413565B Wed 7/8 - 7/29 6:30 - 7:45 pm \$45/Res; \$65/Non-Res

MISC

### Voice Overs...Now is Your Time

416402A Thur 7/23 6:30 - 8:30 pm \$35/Person

**Healthier Families** 

414027A Tue 6/2 - 8/18 6:00 - 6:45pm Free

**DJ Music BINGO** 

Every Thursday 8:00 pm at www.facebook.com/DJBingo Free

Senior Phone-a-Friend

Call 517-483-4311 and leave a message with your name and phone number, and a volunteer will call you weekly to check in!

**SPORTS** 

# Sports Sampler (Ages 3-5)

413189A Thur 7/30 - 8/20 6:00 - 6:45pm \$30/Res; \$35/Non-Res

Girls Paddlesports @ Crego Park (Ages 13-17)

413465A Thur 6/25 10:00 am - 4:00 pm \$85/Res; \$90/Non-Res

Disc Golf Clinic @ Ingham Park (Ages 9-Adult)

413899A Ages 9-17 Sat 7/18 4:00 - 6:00 pm \$35/Res; \$40/Non-Res

413899B Adults Sat 8/15 4:00 - 6:00 pm \$35/Res; \$50/Non-Res

Show us your skills!

Learn the moves using our tutorials found at: lansingmi.gov/1983/Virtual-Activities Once you've mastered the skill share a video with us! #LPRGOTSKILLS

**Tennis** - vist: *tmyl.org/covid1*9 to connect with Todd Martin Youth Leadership for various tennis lessons and more!

**TEENS** 

# Virtual Volunteen (Ages 13-17)

433411A Mon - Fri 6/15 - 8 /7 Times Vary \$30/Res; \$55/Non-Res

Minecraft Build Tournaments

433413A Coming July 2020 \$5/entry

Super Smash Bros Tournament

433412A Thur 6/25 4:00 pm \$5/entry

**Fortnite Tournaments** 

433412B Thur 7/30 4:00 pm \$5/entry

Madden/Fifa Tournaments

Coming this Fall!

MORE INFO Full descriptions and instructions are listed with each class on parksonline.lansingmi.gov. If you need assistance you can call any of our community centers, staff are monitoring messages and will get back with you.

Foster 517.483.4277 Gier 517.483.4313 Letts 517.483.4311 Schmidt 517.483.6686

All registration is online at **parksonline.lansingmi.gov** and includes \$5 off each registration!

Follow us on Facebook at facebook.com/LansingParksAndRecreation